

## THE LIFE CHALLENGE

### CONNECT

Can you think of a time when you built up a situation or conflict in your mind, but then it didn't turn out how you thought? If you feel comfortable, share it with the group.

**Courage** comes from knowing **who** is with you, and **who** you are (your name)

### IDENTITY

If the statement on the left is true, how could one grow in this confidence? Are there things we can do to help us become more aware of God's presence and also our identity in Him?

Do you agree that humility is helpful in difficult or tense circumstances? How do we know when to stand up for ourselves or when to "bow low in humility"?

### THE EXAMEN

Pastor Jonathan talked about the struggle of feeling like a victim when things are hard in our lives. When do you notice this kind of thinking most in your own life?

He also said *"Sometimes we spend our lives so desperate to get blessings that we forget we are called to be a blessing"*. Try to think of a challenging situation or relationship in your life right now. How could God be calling you to be a blessing?



### PRACTICE

#### Lectio Divina.

Take some time to read **Genesis 32:22-32**. Read it through three times slowly out loud (different people). *Take time to imagine yourself there in the story. Think about the sights and sounds. Think about the feelings of the people. Think about the words and phrases.*

**Take some time to wait in silence.** What might Jesus be saying to you? What parts or words jump out to you? Take time to share with the group. You may also want to pray to seal up or respond to what Jesus is showing you.

### PRAY TOGETHER

*If you are willing, share needs (or even struggles) with one another. Then pray together.*